



FASE TERRITORIAL DE LARGA DISTANCIA, 16/01/2016

Datos técnicos: Piscina de 25 m., Cronometraje Manual

LOGROÑO

16/01/2016

1 - 2000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
1	018076879	ZABALO ECHANIZ ANDER	2001	LOGROÑO							
50	31.41	1:05.58	23:26.32	1:40.30	2:15.19	2:49.76	3:24.52	3:59.67	4:34.77	5:10.19	23:26.32
	31.41	34.17	34.38	34.72	34.89	34.57	34.76	35.15	35.10	35.42	
500	5:45.45	6:20.81	6:56.15	7:31.52	8:06.77	8:42.30	9:17.46	9:52.85	10:28.24	11:03.73	
	35.26	35.36	35.34	35.37	35.25	35.53	35.16	35.39	35.39	35.49	
1000	11:39.27	12:14.67	12:50.35	13:25.83	14:01.38	14:36.99	15:12.30	15:47.85	16:23.37	16:59.07	
	35.54	35.40	35.68	35.48	35.55	35.61	35.31	35.55	35.52	35.70	
1500	17:34.64	18:10.12	18:45.43	19:20.85	19:56.18	20:31.61	21:06.74	21:41.83	22:16.93	22:51.94	
	35.57	35.48	35.31	35.42	35.33	35.43	35.13	35.09	35.10	35.01	
2	0X8334169	LINTEAN CONSTANTIN VALENTIN	2001	LANORIA							
50	30.74	1:05.54	23:52.38	1:40.50	2:15.51	2:50.27	3:25.83	4:01.50	4:37.51	5:13.58	23:52.38
	30.74	34.80	34.96	34.96	35.01	34.76	35.56	35.67	36.01	36.07	
500	5:49.68	6:25.57	7:01.68	7:37.67	8:13.75	8:49.24	9:24.72	10:01.14	10:37.06	11:13.04	
	36.10	35.89	36.11	35.99	36.08	35.49	35.48	36.42	35.92	35.98	
1000	11:49.96	12:26.26	13:02.51	13:38.54	14:15.04	14:50.85	15:27.04	16:02.94	16:38.99	17:15.56	
	36.92	36.30	36.25	36.03	36.50	35.81	36.19	35.90	36.05	36.57	
1500	17:52.38	18:28.56	19:04.77	19:41.09	20:17.29	20:53.00	21:28.48	22:04.88	22:40.86	23:17.42	
	36.82	36.18	36.21	36.32	36.20	35.71	35.48	36.40	35.98	36.56	

RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA





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LOGROÑO

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16/01/2016

2 - 2000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
1	016640772	ROMERO CENICEROS ALBA	2001	LOGROÑO		23:21.26					
50	30.86	100 10:50.14	100 23:21.26	150 1:39.80	200 2:14.16	250 2:48.66	300 3:23.31	350 3:57.93	400 4:32.55	450 5:07.37	
	30.86	10:19	33.29	0.00	34.36	34.50	34.65	34.62	34.62	34.82	
500	5:42.17	550 6:16.84	600 6:51.59	650 7:26.44	700 8:01.36	750 8:36.18	800 9:11.56	850 9:46.75	900 10:21.91	950 10:56.91	
	34.80	34.67	34.75	34.85	34.92	34.82	35.38	35.19	35.16	35.00	
1000	11:32.24	1050 12:07.55	1100 12:42.73	1150 13:18.35	1200 13:54.29	1250 14:29.41	1300 15:05.04	1350 15:40.85	1400 16:16.39	1450 16:52.02	
	35.33	35.31	35.18	35.62	35.94	35.12	35.63	35.81	35.54	35.63	
1500	17:27.78	1550 18:03.02	1600 18:38.88	1650 19:14.19	1700 19:49.76	1750 20:25.36	1800 21:01.54	1850 21:36.79	1900 22:12.34	1950 22:47.97	
	35.76	35.24	35.86	35.31	35.57	35.60	36.18	35.25	35.55	35.63	
2	016636779	NUINO GALAN SALMA	2002	LOGROÑO		24:46.22					
50	34.15	100 1:10.22	100 24:46.22	150 1:46.36	200 2:22.81	250 2:59.46	300 3:36.14	350 4:13.01	400 4:49.89	450 5:26.76	
	34.15	36.07	37.55	36.14	36.45	36.65	36.68	36.87	36.88	36.87	
500	6:03.93	550 6:41.01	600 7:17.89	650 7:54.95	700 8:32.21	750 9:09.41	800 9:46.52	850 10:23.61	900 11:00.70	950 11:38.10	
	37.17	37.08	36.88	37.06	37.26	37.20	37.11	37.09	37.09	37.40	
1000	12:15.22	1050 12:52.23	1100 13:29.48	1150 14:06.93	1200 14:44.39	1250 15:21.86	1300 15:59.34	1350 16:36.85	1400 17:14.09	1450 17:51.67	
	37.12	37.01	37.25	37.45	37.46	37.47	37.48	37.51	37.24	37.58	
1500	18:29.13	1550 19:06.79	1600 19:44.44	1650 20:22.21	1700 20:59.85	1750 21:37.67	1800 22:15.58	1850 22:53.27	1900 23:31.11	1950 24:08.67	
	37.46	37.66	37.65	37.77	37.64	37.82	37.91	37.69	37.84	37.56	
3	016644302	PARAISO ARENAS NATALIA	2002	LANORIA		25:02.97					
50	33.47	100 1:09.58	100 25:02.97	150 1:45.92	200 2:22.58	250 2:59.40	300 3:36.15	350 4:12.85	400 4:49.88	450 5:26.90	
	33.47	36.11	37.83	36.34	36.66	36.82	36.75	36.70	37.03	37.02	
500	6:03.98	550 6:41.27	600 7:18.28	650 7:55.36	700 8:32.69	750 9:10.27	800 9:48.07	850 10:25.82	900 11:03.35	950 11:41.28	
	37.08	37.29	37.01	37.08	37.33	37.58	37.80	37.75	37.53	37.93	
1000	12:18.98	1050 12:56.79	1100 13:34.67	1150 14:12.49	1200 14:50.73	1250 15:28.73	1300 16:06.88	1350 16:45.05	1400 17:23.16	1450 18:01.56	
	37.70	37.81	37.88	37.82	38.24	38.00	38.15	38.17	38.11	38.40	
1500	18:39.83	1550 19:18.08	1600 19:56.60	1650 20:34.72	1700 21:13.47	1750 21:51.70	1800 22:30.05	1850 23:08.42	1900 23:47.09	1950 24:25.14	
	38.27	38.25	38.52	38.12	38.75	38.23	38.35	38.37	38.67	38.05	
4	016640780	MARTINEZ ALONSO IRENE	2001	LOGROÑO		25:19.08					
50	33.24	100 1:09.55	100 25:19.08	150 1:46.14	200 2:22.78	250 2:59.50	300 3:36.63	350 4:13.72	400 4:51.16	450 5:28.32	
	33.24	36.31	37.08	36.59	36.64	36.72	37.13	37.09	37.44	37.16	
500	6:05.99	550 6:43.51	600 7:21.29	650 7:59.70	700 8:37.69	750 9:15.92	800 9:53.97	850 10:32.18	900 11:10.18	950 11:48.78	
	37.67	37.52	37.78	38.41	37.99	38.23	38.05	38.21	38.00	38.60	
1000	12:27.36	1050 13:05.89	1100 13:43.97	1150 14:22.38	1200 15:01.16	1250 15:39.13	1300 16:17.94	1350 16:56.59	1400 17:35.28	1450 18:14.67	
	38.58	38.53	38.08	38.41	38.78	37.97	38.81	38.65	38.69	39.39	
1500	18:52.85	1550 19:31.24	1600 20:10.74	1650 20:49.41	1700 21:28.64	1750 22:07.59	1800 22:46.41	1850 23:25.10	1900 24:03.29	1950 24:42.00	
	38.18	38.39	39.50	38.67	39.23	38.95	38.82	38.69	38.19	38.71	

RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA





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LOGROÑO

16/01/2016

3 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado				
1	015222742	GODOY MARTINEZ MARCOS	1999	LANORIA		32:17.60				
50	28.94	100 1:00.63	150 1:32.63	200 2:04.76	250 2:36.84	300 3:09.39	350 3:41.35	400 4:13.29	450 4:45.52	500 5:17.79
	28.94	31.69	32.00	32.13	32.08	32.55	31.96	31.94	32.23	32.27
550	5:50.12	600 6:22.66	650 6:54.93	700 7:27.33	750 7:59.52	800 8:32.01	850 9:04.28	900 9:36.87	950 10:09.24	1000 10:41.52
	32.33	32.54	32.27	32.40	32.19	32.49	32.27	32.59	32.37	32.28
1050	11:13.59	1100 11:45.70	1150 12:18.46	1200 12:51.04	1250 13:23.28	1300 13:56.08	1350 14:28.04	1400 15:00.30	1450 15:32.92	1500 16:05.29
	32.07	32.11	32.76	32.58	32.24	32.80	31.96	32.26	32.62	32.37
1550	16:37.11	1600 17:09.54	1650 17:42.06	1700 18:14.60	1750 18:47.43	1800 19:20.05	1850 19:52.60	1900 20:25.39	1950 20:58.15	2000 21:30.53
	31.82	32.43	32.52	32.54	32.83	32.62	32.55	32.79	32.76	32.38
2050	22:03.30	2100 22:35.90	2150 23:07.93	2200 23:40.41	2250 24:13.04	2300 24:45.20	2350 25:17.69	2400 25:50.19	2450 26:22.63	2500 26:54.95
	32.77	32.60	32.03	32.48	32.63	32.16	32.49	32.50	32.44	32.32
2550	27:27.63	2600 27:59.97	2650 28:32.82	2700 29:05.24	2750 29:37.46	2800 30:09.85	2850 30:42.04	2900 31:14.77	2950 31:46.48	3000 32:17.60
	32.68	32.34	32.85	32.42	32.22	32.39	32.19	32.73	31.71	31.12
2	016142314	ADÁN BARRAGÁN SERGIO	2000	IREGUA		36:06.87				
50	33.54	100 1:09.52	150 1:45.94	200 2:22.19	250 2:58.23	300 3:34.15	350 4:10.30	400 4:46.33	450 5:21.64	500 5:57.52
	33.54	35.98	36.42	36.25	36.04	35.92	36.15	36.03	35.31	35.88
550	6:33.53	600 7:09.75	650 7:46.03	700 8:21.85	750 8:58.11	800 9:34.51	850 10:10.88	900 10:47.07	950 11:37.44	1000 11:59.81
	36.01	36.22	36.28	35.82	36.26	36.40	36.37	36.19	50.37	22.37
1050	12:36.60	1100 13:12.76	1150 13:49.04	1200 14:25.51	1250 15:01.68	1300 15:38.08	1350 16:14.35	1400 16:50.35	1450 17:26.66	1500 18:02.93
	36.79	36.16	36.28	36.47	36.17	36.40	36.27	36.00	36.31	36.27
1550	18:38.97	1600 19:15.70	1650 19:52.08	1700 20:28.52	1750 21:04.97	1800 21:41.51	1850 22:18.21	1900 22:54.41	1950 23:30.51	2000 24:06.66
	36.04	36.73	36.38	36.44	36.45	36.54	36.70	36.20	36.10	36.15
2050	24:42.97	2100 25:19.33	2150 25:55.24	2200 26:31.39	2250 27:07.65	2300 27:43.36	2350 28:19.64	2400 28:55.90	2450 29:32.33	2500 30:08.55
	36.31	36.36	35.91	36.15	36.26	35.71	36.28	36.26	36.43	36.22
2550	30:44.22	2600 31:20.66	2650 31:56.62	2700 32:32.54	2750 33:08.61	2800 33:44.09	2850 34:20.26	2900 34:56.27	2950 35:32.87	3000 36:06.87
	35.67	36.44	35.96	35.92	36.07	35.48	36.17	36.01	36.60	34.00
3	018087999	ILARRAZA DIEZ RAUL	2000	LOGROÑO		37:21.42				
50	31.97	100 1:07.53	150 1:43.77	200 2:20.28	250 2:56.83	300 3:33.11	350 4:09.58	400 4:46.31	450 5:22.63	500 5:58.76
	31.97	35.56	36.24	36.51	36.55	36.28	36.47	36.73	36.32	36.13
550	6:35.53	600 7:12.06	650 7:48.42	700 8:24.94	750 9:01.66	800 9:38.26	850 10:15.65	900 10:51.94	950 11:29.49	1000 12:06.71
	36.77	36.53	36.36	36.52	36.72	36.60	37.39	36.29	37.55	37.22
1050	12:44.13	1100 13:21.09	1150 13:58.00	1200 14:35.74	1250 15:13.23	1300 15:50.83	1350 16:27.44	1400 17:04.92	1450 17:42.43	1500 18:20.33
	37.42	36.96	36.91	37.74	37.49	37.60	36.61	37.48	37.51	37.90
1550	18:57.99	1600 19:35.62	1650 20:13.41	1700 20:51.66	1750 21:29.45	1800 22:08.00	1850 22:45.78	1900 23:23.57	1950 24:02.15	2000 24:40.66
	37.66	37.63	37.79	38.25	37.79	38.55	37.78	37.79	38.58	38.51
2050	25:18.75	2100 25:57.80	2150 26:35.76	2200 27:14.84	2250 27:53.25	2300 28:31.93	2350 29:10.07	2400 29:48.16	2450 30:25.66	2500 31:03.90
	38.09	39.05	37.96	39.08	38.41	38.68	38.14	38.09	37.50	38.24
2550	31:41.87	2600 32:19.82	2650 32:57.60	2700 33:35.27	2750 34:13.33	2800 34:51.33	2850 35:29.14	2900 36:06.54	2950 36:44.87	3000 37:21.42
	37.97	37.95	37.78	37.67	38.06	38.00	37.81	37.40	38.33	36.55

RT: RETIRADO
NP: NO PRESENTADO

DES: DESCALIFICADO
BAJ: BAJA





FASE TERRITORIAL DE LARGA DISTANCIA, 16/01/2016

Datos técnicos: Piscina de 25 m., Cronometraje Manual

LOGROÑO

16/01/2016

4 - 3000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
1	016617916	ROSCO ORTEGA ANA	2000	LOGROÑO		37:26.87					
50	34.75	1:11.25	1:48.26	2:25.11	3:02.16	3:38.76	4:15.58	4:52.26	5:29.33	6:06.26	
	34.75	36.50	37.01	36.85	37.05	36.60	36.82	36.68	37.07	36.93	
550	6:43.19	7:20.13	7:56.80	8:33.79	9:11.03	9:48.09	10:25.59	11:03.07	11:40.78	12:18.25	
	36.93	36.94	36.67	36.99	37.24	37.06	37.50	37.48	37.71	37.47	
1050	12:55.55	13:33.17	14:10.89	14:48.74	15:26.70	16:04.75	16:42.89	17:20.92	17:59.36	18:37.21	
	37.30	37.62	37.72	37.85	37.96	38.05	38.14	38.03	38.44	37.85	
1550	19:15.32	19:53.63	20:31.44	21:09.07	21:46.72	22:24.79	23:02.42	23:40.67	24:18.18	24:55.98	
	38.11	38.31	37.81	37.63	37.65	38.07	37.63	38.25	37.51	37.80	
2050	25:33.59	26:11.56	26:49.68	27:27.52	28:05.43	28:43.17	29:21.08	29:58.87	30:36.35	31:14.16	
	37.61	37.97	38.12	37.84	37.91	37.74	37.91	37.79	37.48	37.81	
2550	31:51.84	32:29.45	33:06.69	33:44.12	34:21.82	34:59.46	35:37.19	36:14.64	36:51.48	37:26.87	
	37.68	37.61	37.24	37.43	37.70	37.64	37.73	37.45	36.84	35.39	

RT: RETIRADO DES: DESCALIFICADO
 NP: NO PRESENTADO BAJ: BAJA



FASE TERRITORIAL LARGA DISTANCIA 13/01/2016

Descripción	Evento	Nombre	Año	Nombre Club	Marca	Fecha	Lugar	Piscina	Cronometraje
MM 16A	1500L	ROSCO ORTEGA ANA	2000	C.N. LOGROÑO	18:37.21	20160116	LOGROÑO	25	M
MM 15A	1500L	ROMERO CENICEROS ALBA	2001	C.N. LOGROÑO	17:27.78	20160116	LOGROÑO	25	M
MM 17A	1500L	GODOY MARTINEZ MARCOS	1999	C.N. LAS NORIAS	16:05.29	20160116	LOGROÑO	25	M
MM 15A	800L	ROMERO CENICEROS ALBA	2001	C.N. LOGROÑO	9:11.56	20160116	LOGROÑO	25	M
MM 17A	800L	GODOY MARTINEZ MARCOS	1999	C.N. LAS NORIAS	8:32.01	20160116	LOGROÑO	25	M